## Getting a New Ring - What's My Size?

Congratulations on deciding to buy a new ring!

Our high quality rings are made of solid 14 K gold.

To know your ring size, there's no need to go a jewelry store to measure - you can do it from the comfort of your home, easily and simply.

## If you want to buy a ring based on a ring you already own, follow the instructions below:

1. Download the file to your computer and print it as it is, not making any changes to the size (*be sure 'Fit to Page' is not selected in the printing options).
2. To ensure the page is printed at the correct size, place a ruler along the circles on the page, and compare the measurements of the ruler to those shown inside the printed circles (Fig. 1)*. For example, the diameter of circle 4.5 is 15.2 mm : check against the ruler that the measurement shown on the page matches that of the ruler. To be sure, measure 2-3 circles.
3. Now to the actual measurement: place your ring on the circle that matches as closely as possible the interior of the ring size. Ensure that the interior of the ring matches the printed circle as close as possible (see Fig. 2).

Figure 1


* If the measurements shown on the ruler do not match those on the printed page, print off the page again and ensure 'Fit to Page' is not selected in the printer settings.



## There is an additional way to identify the correct size, by using a measuring strip (Fig. 3):

1. Download the file to your computer and print the page as it is (without changing the size or selecting 'Fit to Page').
2. After printing, place a ruler along the page and ensure that the measurements shown on the page match to those of the ruler (be sure you are measuring centimeters).*
3. Cut out our measuring tape, and cut a small opening as shown by the letter ' A '. Insert the pointed end of the strip into the opening you've just cut.
4. Wind the strip round the finger on which you will wear the ring, and pull the strip until it's comfortably round your finger - the number shown at the opening is your ring size (see Fig. 4).

* If the measurements shown on the ruler do not match those on the printed page, print off the page again and ensure 'Fit to Page' is not selected in the printer settings.

Figure 3


## Important to know:

1. Your ring size will change with the weather, time of day and even after a meal. Therefore, it's recommended to measure your finger in the morning and again in the evening. If the results are different, choose the larger size so that the ring will not be uncomfortable.
2. Our fingers shrink in the cold, therefore it is not recommended to take a measurement when you're feeling cold. First warm up your hands by running them under warm water or rubbing them together, and then measure.
3. If you want to order a wide or thick ring, it's recommended to order a size a little larger than usual, so that you can put the ring on and take it off in comfort.

## For your information:

The average ring size for women is
7.5 for the middle finger
6.25 for the ring finger

| Diameter in <br> Millimeters | European <br> Size | American <br> Size | Israeli <br> Size |
| :---: | :---: | :---: | :---: |
| 14.7 | 46.1 | 3.75 | 6 |
| 14.9 | 48.0 | 4 | 7 |
| 15.3 | 46.8 | 4.5 | 8 |
| 15.7 | 49.3 | 5 | 9 |
| 16.1 | 50.6 | 5.5 | 10 |
| 16.5 | 51.9 | 6 | 11 |
| 16.7 | 52.5 | 6.25 | 12 |
| 16.9 | 53.1 | 6.5 | 13 |
| 17.3 | 54.4 | 7 | 14 |
| 17.7 | 55.7 | 7.5 | 15 |
| 18.1 | 57.0 | 8 | 16 |
| 18.5 | 58.3 | 8.5 | 17 |
| 19.0 | 59.5 | 9 | 18 |

